

Dr. Ghislaine Robert

8630 164th AVE NE

Redmond WA 98052

425 836-1800

grsportsmd@gmail.com

www.ghislainerobert.com

EDUCATION

- 1982 Doctor's Degree in Medicine, University of Montreal
- 1983 Permit to practice medicine, Collège des médecins du Québec (College of Physicians of Quebec)
- 1983 Licence to practice in Canada (LMCC)
- 1984 Board Certified in Family Medicine (CCFP)
- 1987 Coach, Level 3, Coaching Association of Canada
- 1988 Anti-doping Certification, Sport Medicine & Science Council of Canada
- 1989 Diploma from the Canadian Academy of Sports Medicine (CASM)
- 1990 Master's Level Courses in Physical Education (30 credits), University of Montreal
- 2000 Fellowship in Family Medicine, College of Family Physicians of Canada

EXPERIENCE AS PHYSICIAN

Since Jan 2006 Private practice in Sports Medicine, Redmond,WA

From Feb 2004 to 2006 Consultant in Sports Medicine for Virginia Mason (Federal Way and Seattle clinics)

Summer 2003 Consultant in sports Medicine in Victoria BC
(Locum for Dr Cara Ewart)

From 1984 to 2002 Consultant in Sports Medicine in the following clinics:

- Clinic of Sports Medicine in Laval (since 1999)
- Rehabilitation Center of the Montreal Heart Institute, affiliated to the University of Montreal (since 1998)

- Saint-Sacrement High School, Terrebonne (since 1997)
- Department of Community Health (project on physical activity), Sacred Heart Hospital, Montreal (1991-1993)
- Individual practice, Mascouche, Terrebonne, and Tennis 13 (1988-1998)
- Student Service (Sports consultation), University of Montreal (1988-1990)
- Centre Claude-Robillard, Montreal (since 1988)
- Synergy Sports Clinic (1986-1999)
- CLSC Lamater, Terrebonne (1984-1988)
- Blainville Polyclinic, on weekends (1984-1988)

EXPERIENCE, SPORTS MEDICINE COVERAGE

2015 Physician for SKATE CANADA (Spain)

2015 Physician for SKATE CANADA (Austria)

2014 Physician for SKATE CANADA (Estonia)

2014 Physician for Cross Country ski CANADA (Italy)

2013 Physician for CAVALIA tour in Seattle

2012 Physician for CAVALIA tour in Seattle

2011 FIFA Medical Officer/Doctor for Women World Cup (Germany)

2010 FIFA Medical Officer /Doctor for the U20 Women World Cup (Germany)

2009 Physician for the Canadian Track and Field team at World University Games , Belgrade (July 2009)

2008 Selected as physician for the Canadian Track and Field team at the North-Central American Games in Mexico in July of 2008

2006, 2008, 2010 Physician for the Cirque du Soleil Tour in Seattle

1996-2002 Member of the Medical Team of the Canadian Downhill Ski Team.

1989-2002 Head Physician of the National Women Handball Team.

1987-1990 Medical Director of the Montreal Marathon

Since 1985 Physician during several sports events; the most prestigious are:

- World's Track and Field Championships , Finland (August 2005)
- Speed Skating World Cup, China (September 2001)
- Fencing World Cup, Montreal (March 2001)

- Players Open - Canada's International Tennis Championships, Montreal (1985 and 1986, 2000 and 2001)
- Assistant to the Chief Medical Officer, Sydney Olympic Games, Australia (2000)
- Judo World Cup, Montreal (November 2000)
- Commonwealth Games, Malaysia (1998)
- Downhill Skiing World Cup, Italy and Switzerland (1997)
- Canadian Track and Field Championships, Montreal (1996 and 1998)
- Junior Track and Field World Championships, Sydney, Australia (1996)
- Chief Medical Officer, World University Games, Japan (1995)
- Women Handball World Championships, Austria (1995)
- Barcelona Olympic Games, Spain (1992)
- Commonwealth Games, New Zealand (1990)

EXPERIENCE IN COACHING

- 1990-1991 National Coach for the World Biathlon
- 1985-1990 National Track and Field Coach (event: race walking)
- 1987-1989 Coach for several sports events; the most important ones are:
- Seoul Olympic Games (1988)
 - World University Games, Yugoslavia (1987)
 - Race Walking World Cup, Barcelona, (1989)
 - Race Walking World Cup, New York (1987)

ACADEMIC POSTS

2005-2007 University of Washington

Medical staff Active Member

2004-present University of Montreal, Qc, Canada

Examiner for the certification of residents in the program Family Practice

1998-2002 University of Montreal, Quebec

Lecturer in the Musculoskeletal System module, as part of the second year of medicine.

PUBLICATIONS

Exercise prescription during menopause. To be published (Federal Way Mirror), 2005

Exercise prescription in the presence of risk factor for cardiovascular Disease., Le Médecin du québec. Vol39, no4, 2004 (73-79)

Ménopause et traitements non hormonaux. MedActuel. Vol 4, no19. Sept 2004 (3-12)

L'exercice en post-partum, MedActuel.Vol 4, no15, July 2004 (8-11)

After Baby is born, Can I be Active, ACTIVE WOMEN CANADA. Vol1 No 4.2003 (14-15)

Le syndrome de surentraînement, MedActuel. Vol3, no2, feb 2003 (7-15)

Two sections of the Book of Symptoms (*Le Livre des symptômes*), Ed. Fides, 1999.

Series of articles on Women's Health, in *Le Clinicien*, May to August 1997.

Chapter 52 on Women and Physical Activity, in *La Santé des Femmes*, Ed. EDISEM, 1994.

Articles on different subjects related to Sports Medicine, in *L'Actualité Médicale* since 1990.

Consultant for several general interest magazines, such as *Chatelaine*, *Readers' Digest*, *Clin d'œil*, *Le Summum*.

PRIZES

May 2010 First AQMS research fund named the GHISLAINE ROBERT Grant

November 2005 Best Feature Article in a professional publication (KRW Award,CAN)

June 2001 Trip to Paris to represent the Sports Physicians of the Province of Quebec during an international meeting at the INSEP.

Oct. 2000 Fellow of the College of Family Physicians of Canada.

2000 Inducted into the Canadian Handball Federation Hall of Fame

1998 General Practitioner of the Year, urban area, Association of French Language Physicians of Canada.

COMMITTEES AND DIRECTORSHIPS

2003- present Examiner for the Canadian College of Family Physicians

2003-2005 Advisory Board, ACTIVE WOMEN CANADA

Sept. 2002 Member of the Organizing Committee of the Soft Tissue Wound Symposium (jointly with Canada's Physiotherapist Manipulative Therapy Division).

March 2002 Member of the Programming Committee for the Annual Symposium of the Canadian Academy of Sport Medicine (CASM), Mt-Tremblant, QC.

Nov. 2001 Participated in the presentation of the Symposium of the 4th Interdisciplinary World Congress on Low Back and Pelvis Pain in Montreal.

Feb. 2001 Member of the Programming Committee for the Congress on Drugs in Sports among Canadian Youth.

1990-2001 Member of various committees of the Canadian Academy of Sports Medicine, including:

- Sports Medicine Development Committee
- Major Games Physicians Selection Committee (president in 2001-2002)
- Women in Sports Health Committee
- Official Languages Committee
- Diploma Committee (certification exam), from 1990 to 2000.

1997-1998 Medical Adviser for the implementation of the Quebec Council of Sports Medicine (Quebec Chapter of provincial councils).

Since 1997 President-founder of the Quebec Association of Sports Physicians in 1997-1998. Member of the Board of Directors as Retiring President from 1998 to 2002.

- Oct. 1997 President of the Scientific Committee of the Congress on the Musculoskeletal System of the FMOQ.
- 1995 Co-president of the Organizing Committee of the Annual Symposium of the Canadian Sports Academy.
- Nov. 1993 Co-president of the Quebec Sports Safety Summit.
- 1992-2002 Member of the Board of Directors of the Canadian Academy of Sports Medicine. President in 1998-1999, first French-speaking person to get to that position in the 25 years of existence of the Academy.
- 1990-2002 Member of the Writing Committee of the Sports Medicine supplement of L'Actualite médicale
- 1999-2002 Member of the Council of Physicians, Dentists and Pharmacists, Montreal Heart Institute.
- 1984-2002 Member of the Association of French Language Physicians of Canada, responsible for the WEB page themes.

CONFERENCES

- June 2014 Speaker at FIMS World congress of Sports Medicine, QC, Canada
- May 2010 Speaker at the AQMS Annual Meeting
- Nov. 2009 Since November 2009, speaker for Genzyme (Synvisk One)
- Nov. 2001 Speaker at the "Convergence 2001" Conference organized by the Quebec Association of Orthotists, Montreal.
- 2000-2001 Speaker at several CASM and AQMS annual symposiums, as well as for the continuing education sessions organized by FMOQ on Sports Medicine or on the Locomotion System (the last one was in November 2001). Also speaker during the World Medical Games in Montreal.
- Since 1999 Regular appearance on the television programs "Allô Docteur" and "Magazine Santé" on the air of the Canal Vie.
- Since 1988 Speaker on several occasions for the Biomatrix, Rhone Poulenc Rorer, and Smith Kline Beecham companies.

PROFESSIONAL DEVELOPMENT

- 2016 AAFE : Dermal fillers hands on, Seattle, WA (April)
- 2015 IMS (dry needling), part 2 , UBC, Canada (February)
- 2014 IOC Advanced Physician course, France (April)
- 2014 IOC World conference Prevention and Injury, Monaco (April)
- 2013 MSK ultrasound course , Mayo clinic (June)

- 2013 CASEM Annual Scientific Meeting (April)
- 2013 Lower Limb MSK Ultrasound course , Whistler (April)
- 2013 IMS (Gunn Therapy , part 1) , Vancouver BC (April)
- 2013 UCLA MSK Ultrasound Course (January)
- 2012 AQMS Annual meeting , QC, Canada (May)
- 2011 AQMS Annual meeting , QC , Canada (May)
- 2009 ACSM annual meeting, Seattle, May 2009
- 2008 CASM annual symposium , LasVegas , March 2008
- 2005 Team Physician part II (ACSM), San Antonio, Texas , Feb 8-13th
- 2004 Annual Symposium, Canadian academy of Sports Medicine,
Vancouver, BC, Oct 2004
- 2001-2002 Assisted to a conference entitled: L'omnipraticien face aux difficultés de
la vie, University of Montreal, January 2002.
- 2001 The Grey Cup Symposium, Montreal, November 2001.
- 2001 Conference on Contraception, Montreal, November 2001.
- 2001 Conference on Women's Health, FMOQ, October 2001.
- 2001 Annual Meeting of the American College of Sports Medicine, Baltimore,
USA, May 2001.

PROFESSIONAL ASSOCIATIONS

- American College of Sports Medicine (ACSM)
- Canadian Academy of Sports and Exercise Medicine (CASEM)
- Canadian College of Family Physicians (CCFP)
- American Institute of Ultrasound in Medicine (AIUM)

LANGUAGES

- English
- French

Revised October 2015