



Dr. Ghislaine Robert, MD, LMCC, CCFP
DIPLOMA IN SPORTS MEDICINE (CASEM)

PRESERVE

Preserve is the combination recommended to prevent cartilage from further damage. Injections will be done in the affected joint with Viscosupplementation (Hyaluronic Acid) and PRP (platelet rich plasma)

Depending on the choice of Visco medication, you will receive 1-3 weekly injections. During one of those visits, Dr. Robert will draw your blood to extract the platelets. The blood will then be concentrated using an FDA approved centrifuge machine. Dr. Robert will then injection the PRP plasma immediately after the Viscosupplementation injection (1 syringe after the other with only one injection site). All of the injections are done under ultrasound guidance.

Pre and post injection information will be given as well as nutrition and recommended supplements.

Viscosupplementation is covered by many health insurance companies. If your insurance plan does not cover Visco medication, we have a price list available for cash pay options.

Harvesting the blood for PRP is not covered by any insurance plans and so you will be responsible for the payment.

Please communicate with the front desk if you want more information.

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