



Dr. Ghislaine Robert, MD, LMCC, CCFP
DIPLOMA IN SPORTS MEDICINE (CASEM)

RESTORE

Restore is a procedure to stimulate the growth of new tissue. (Example: the cartilage in a joint.)

In order to achieve this result, we will use a combination of PRP (platelets), fat (stem cells) and bone marrow (stem cells). The procedure will last for about 2 hours.

First your blood will be drawn to extract the platelets (using an FDA approved centrifuge machine to concentrate the blood after the blood draw). Then Dr. Robert will get the fat stem cells from your lower back through a small incision. The fat stem cells will then be concentrated in the centrifuge machine. The bone marrow stem cells will be taken from your iliac crest (pelvic bone) through a small incision and prepared in the centrifuge machine.

Once all the samples are ready, Dr. Robert will reinject the 3 products at the site of treatment (example: knee joint, shoulder joint, etc.).

All of this procedure takes place while you are under local anesthesia and Dr. Robert uses ultrasound guidance to inject at the proper location.

Every step of this procedure is NOT covered by any health insurance plan so you are completely responsible for the cost.

Pre and post procedure information will be given as well as nutritional information and a list of recommended supplements.

Please communicate with the front desk if you want more information.

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